

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Hank Albert W.</u> (Last) (First) (Middle) 12701 WHITEWATER DRIVE SUITE 100 (Street) MINNETONKA MN 55343 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>BBQ HOLDINGS, INC. [BBQ]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ Officer (give title below) _____ Other (specify below) _____ Chief Operating Officer
	3. Date of Earliest Transaction (Month/Day/Year) 09/02/2021	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	09/02/2021		M		5,824	A	\$5.34	8,541	D	
Common Stock	09/02/2021		M		5,408	A	\$3.96	13,949	D	
Common Stock	09/02/2021		M		10,000	A	\$3.27	23,949	D	
Common Stock	09/02/2021		F		11,832 ⁽¹⁾⁽²⁾	D	\$14.09	12,177	D	
Common Stock	09/02/2021		M		8,333	A	⁽³⁾	20,450	D	
Common Stock	09/02/2021		F		3,206 ⁽²⁾	D	\$13.96	17,244	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Stock Option	\$5.34	09/02/2021		M		5,824		⁽⁴⁾	04/29/2029	Common Stock	5,824	\$0.00	4,176	D	
Stock Option	\$3.96	09/02/2021		M		5,408		⁽⁴⁾	06/24/2029	Common Stock	5,408	\$0.00	4,592	D	
Stock Options	\$3.27	09/02/2021		M		10,000		⁽⁵⁾	07/07/2030	Common Stock	10,000	\$0.00	10,000	D	
Restricted Stock Unit	\$0.00	09/02/2021		M		8,333		⁽⁶⁾	⁽⁶⁾	Common Stock	8,333	\$0.00	16,667	D	

Explanation of Responses:

- Represents shares surrendered for payment of exercise price.
- Represents shares surrendered to the Company for payment of taxes
- Restricted stock units convert into common stock on a one for one basis.
- Option vests monthly over 48 months from date of grant.
- Option vests annually over two years.
- On September 2, 2020, the reporting person was granted 25,000 restricted stock units, vesting in three equal annual installments, upon the Company's stock price equaling or exceeding \$8.50 per share on the applicable vesting date.

Remarks:

/s/ Albert W. Hank 09/07/2021
 ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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